



September 2009

## Clean Communication and Keen Creativity Monthly Tips

Topics: Reading Deprivation, Heroes, Being Extraordinary and More...

I am thrilled September is here! In San Antonio, we had 59 days of triple-digit temperatures, breaking the 1998 record. June through August was the driest period since 1871. And Stage 2 water restrictions left most San Antonians with brown, crunchy lawns as we look forward to cooler temps.

When I say "cooler temps," I mean that temps have dropped to 95 degrees. It's still hot, just not *as* hot. (Similar to the saying, "Yes, but it's a *dry* heat.") Nevertheless, I'm fully enjoying more comfortable weather again -- It's energizing!

That may sound ridiculous, but it's true. Just a minor tweak can change your perception dramatically. These blog entries offer tips and suggestions for tweaking your perception a bit. Not much, just a few degrees here and there to make life more interesting.

Be sure to check out the first post *Being Extraordinary in an Ordinary World* for giveaways of a couple of fantastic books!

Here are recent posts at <http://blog.MichelleZavala.com>. Click "Leave a Comment" at the top of each entry to give your thoughts. Or if you'd like to share a post with others, just click on the links at the bottom of each entry. Thanks for Reading!

### [Being Extraordinary in an Ordinary World](#)

Your contribution can offer a little help and a little hope to someone in desperate need. Brian Klemmer's book, *The Compassionate Samurai*, offers 10 character traits to incorporate into your life for lasting change.

### [Interrupt? Me? Yes, you.](#)

Men interrupt each other all the time. Here are a few interruption tips to help women get heard in a meeting or on a conference call.

### [Communication and Networking for Women](#)

Networking styles are different for men and women. Here are a few networking mistakes that professional women don't want to get themselves caught in.

### [Spice up Your August with Creative Intrigue](#)

Spice up August by trying something new creatively! If you don't try, you won't know, so take the first step out of your summer rut.

### [When Email Just Won't Do](#)

Email is great, except when the spoken word is needed. Don't depend on technology for ALL your communication.

### [Heroes in Our Midst](#)

Nearly 103,000 candidates are on the waiting list for organ donations. My friend Patricia lowered that number by unselfishly giving away her kidney.

### [A Creative Challenge \(and A Gentle Reminder\)](#)

Ban reading this weekend...and re-discover your creative side.

### [Kick-Start Your Creativity with a Reading Ban](#)

A weekend of Reading Deprivation can jump-start your creativity and get you out of your rut. Give it a try!

Wishing you a Refreshing and Productive Day,



Michelle I. Zavala, Professional Writer  
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*Dynamic Writing that Boosts Your Sales & Visibility!*

## About the Clean Communication and Keen Creativity Monthly Tips

The Clean Communication and Keen Creativity Monthly Tips eNewsletter is distributed during the first week of the month and offers communication and creativity/creative living tips. If you have a suggestion, feel free to email me at [Newsletter@MichelleZavala.com](mailto:Newsletter@MichelleZavala.com).

Visit <http://blog.MichelleZavala.com> to reach the blog directly, or you can access the blog from the "My Blog" navigation at [www.MichelleZavala.com](http://www.MichelleZavala.com).

Please forward this to colleagues or other business owners who would like to receive these monthly tips. To subscribe, click on the "Join my mailing list" link below or visit [www.MichelleZavala.com](http://www.MichelleZavala.com).

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